Our chefs are constantly introducing new menus for our residents. Below is a sampling of menu items our residents enjoy daily.

BREAKFAST

- CREAM OF WHEAT OR OATMEAL
- APPLE CINNAMON PANCAKES WITH SYRUP
  Fluffy apple and cinnamon infused pancakes served with sausage and fresh fruit salad
- BELGIAN WAFFLES WITH BERRY SAUCE
  Homemade Belgian waffles topped with sweet berry sauce served with sausage and fresh fruit salad
- ZESTY ORANGE FRENCH TOAST WITH BERRY SAUCE
  Orange infused French toast topped with sweet berry sauce served with sausage and fresh fruit salad
- VEGGIE OMELET
  Omelet with onion, peppers, tomato and cheddar cheese served with toast, Canadian bacon and fresh fruit salad
- VEGETABLE SCRAMBLE
  Eggs scrambled to perfection with onions and peppers served with toast, Canadian bacon and fresh fruit salad
- EGGS BENEDICT
  English muffin topped with choice of ham or bacon, poached eggs and hollandaise sauce served with Canadian bacon and fresh fruit salad
- EGG CROISSANT SANDWICH
  Toasted flaky croissant topped with a fried egg and cheddar cheese served with Canadian bacon and fresh fruit salad
SOUP
Chicken Chowder
Fish Chowder
Tomato Basil
Hearty Butternut Squash
Hearty Cauliflower
Hearty Crème of Mushroom
Hearty Vegetable Noodle

SALAD
Hearty FRESH SALAD BAR
MIXED GREENS, SPINACH, BLACK OLIVES, BROCCOLI, CARROTS, CELERY, CHERRY TOMATOES, CRUMBLED EGG, CUCUMBER, MUSHROOMS, RED ONION, SWEET PEPPERS, SHREDDED CHEDDAR AND MOZZARELLA CHEESE

Dressings: Blue Cheese, Balsamic Vinaigrette, Raspberry Vinaigrette, French, Honey Mustard, Italian, Lite Italian, Ranch

HEART HEALTHY OPTIONS
This heart healthy symbol indicates a low-fat, low-sodium and low-cholesterol item.
ACCOMPANIMENT

Buttered Broccoli
Buttermilk Mashed Potatoes
Cranberry Coleslaw
Creamy Polenta
Delmonico Potatoes

Dill Carrots
Green Beans and Mushrooms
Herbed Asparagus
Italian Blend Veggies
Mixed Veggies

Peas and Pearl Onions
Pesto Corn
Spiced Sweet Potatoes
Spinach with Garlic
Steamed White Rice
Veggie Orzo
Wild Rice Blend

HEART HEALTHY OPTIONS

This heart healthy symbol indicates a low-fat, low-sodium and low-cholesterol item.
FEATURED ENTRÉES

HERB-CRUSTED ROAST BEEF
SLOW-COOKED BEEF RIB RUBBED WITH PEPPERCORNS, GARLIC, ROSEMARY, PARSLEY AND OLIVE OIL SERVED WITH BORDELAISE SAUCE

BARBECUE PULLED PORK SANDWICH
SLOW-ROASTED PORK SHREDDED AND MIXED WITH A TANGY BBQ SAUCE SERVED ON A KAISER ROLL WITH PICKLE SPEAR

BEEF STROGANOFF
TENDER PIECES OF BEEF SAUTÉED WITH ONION IN A CREAMY MUSHROOM SAUCE SERVED OVER PARSLED NOODLES

TURKEY MEATLOAF
FRESH-GROUND TURKEY SEASONED AND COOKED TO PERFECTION SERVED WITH GRAVY

CHEESE RAVIOLI
FRESH PASTA FILLED WITH RICOTTA, MOZZARELLA AND PROVOLONE CHEESE DRIZZLED WITH MARINARA SAUCE AND SERVED WITH GARLIC BREAD

SPAGHETTI WITH MEATBALLS
BIG, TASTY BEEF MEATBALLS SIMMERED IN AN ITALIAN TOMATO SAUCE SERVED WITH GARLIC BREAD
FEATURED ENTRÉES (CONTINUED)

❤️ CITRUS TURKEY BREAST
ROASTED BREAST OF TURKEY SEASONED WITH CITRUS SERVED WITH CHOICE OF VEGETABLE

❤️ ROSEMARY CHICKEN
BREAST OF CHICKEN SEASONED WITH LEMON, ROSEMARY AND GARLIC THEN BAKED TO A GOLDEN BROWN

❤️ ROASTED VEGGIE PIZZA
FOCACCIA BREAD WITH A SCRUMPTIOUS PESTO SAUCE TOPPED WITH MOZZARELLA CHEESE, ROASTED BELL PEPPER, YELLOW SQUASH AND EGGPLANT

❤️ LEMON BAKED SWAI
SWAI FISH FILET SEASONED WITH WHITE WINE SAUCE AND OVEN BAKED

❤️ CRUMB BAKED FISH FILET
FRESH FILET OF FISH BAKED WITH LEMON AND BREAD CRUMBS SERVED WITH TARTAR SAUCE
DESSERTS

BANANA SPLIT ICE CREAM SUNDAE
ICE CREAM (ASSORTED FLAVORS)
BANANA PUDDING
CARMEL APPLE BREAD PUDDING
KEY LIME PIE
LEMON MERINGUE PIE
PUMPKIN PIE
PINEAPPLE UPSIDE DOWN CAKE
TROPICAL FRUIT PARFAIT
RASPBERRY AND CHOCOLATE BROWNIE
STRAWBERRY MOUSSE